

BOOK YOUR
FREE TRIAL
NOW!

Best in our field



**We are Australia's largest multi-sport
program for 1.5–6 year olds!**

- Learn the basics of 10 great sports
- Low child/coach ratios
- Physio-designed, structured & FUN!



readysteadygokids

Why choose Ready Steady Go Kids?

Age-based classes

Designed by a paediatric physiotherapist and occupational therapist, our classes are structured to suit 4 different age groups, so that your child receives the best outcome for their developmental needs. These include:

- **Get Ready group:** gives toddlers aged 1.5-2.5 years the chance to practice their motor skills in a play-oriented environment.
- **Ready group:** introduces children aged 2.5-3 years to team-based sport and starts to focus on developing gross motor skills, along with listening skills and taking turns.
- **Steady group:** further develops children's gross and fine motor skills at ages 3-4 years, with a greater emphasis on the sport being taught.
- **Go group:** focuses on refining existing skills and giving children aged 4-6 years a deeper understanding of the sports covered in the program.

Multi-sports program

We teach 10 different sports over 2 terms, which helps children develop a broad range of skills and build a platform of sporting knowledge. This also ensures that children remain interested and engaged throughout the entire program.

Small class sizes

Classes contain no more than 14 children and have a 1:7 instructor to student ratio. Our Get Ready program for children aged 18 months to 2.5 years old has no more than 10 participants and 2 instructors. This means your child will receive more attention and better learning outcomes.

Incorporating "soft-skills"

Our program teaches children a range of additional age-appropriate skills including exploration, basic counting and colour concepts. Plus it encourages teamwork and sportsmanship, and helps to build social skills, listening skills and concentration.

The "feel good factor"

From as young as 18 months, Ready Steady Go Kids participants start to develop greater self-confidence, enhanced self-esteem, and a real sense of achievement, all of which shape their physiological wellbeing.



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1300 766 892

